

How to upload your Tandem t:slim X2 Data:

TIDEPOOL

Uploading data from your **Tandem t:slim X2 pump** is done using **Tidepool Uploader** on your Mac or Windows computer. If you don't yet have a Tidepool account, these support articles will help you get started:

t:slim X2
Insulin Pump

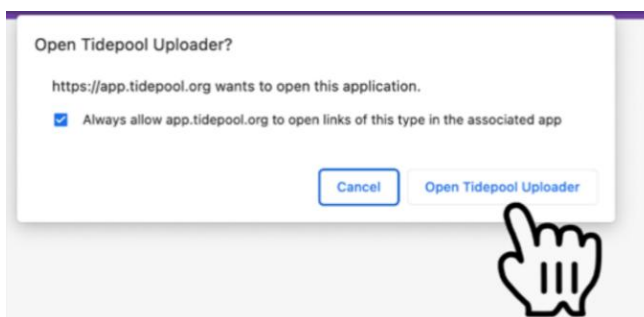
- [Getting started](#)
- [Setting up a Tidepool account](#)

The upload requires:

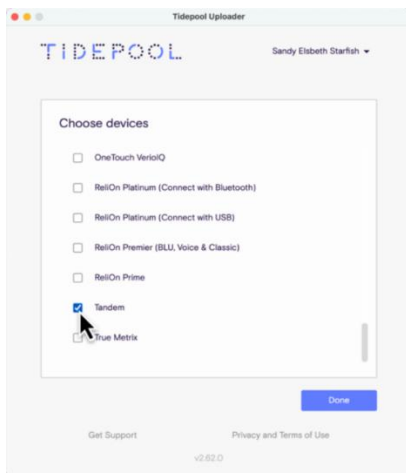
- Your Tandem pump
- A micro-USB cable that supports data transfer
- The Tidepool Uploader installed on your Mac or Windows computer

Setting up the Tidepool Uploader to upload your pump data

1. Open the Tidepool Uploader on your computer. If you still need to download and install it, follow the instructions on the Tidepool website [\[here\]](#).
2. In the Tidepool Uploader window, click the Log in button.
3. Enter your email address and password.
4. If prompted, click Open Tidepool Uploader to send your login information from your web browser back to the Tidepool Uploader.

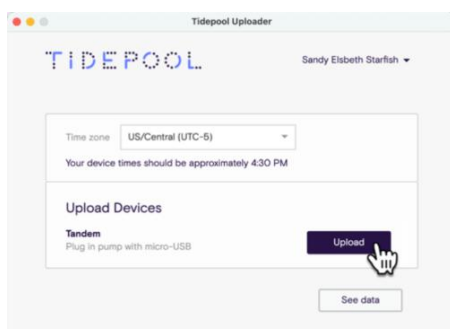


5. In the logged-in Tidepool Uploader window, confirm that Tandem is selected as one of your devices. You can change your devices by selecting **“Choose Devices”** from the menu under your name in the top right corner.



Uploading your data from the Tandem pump

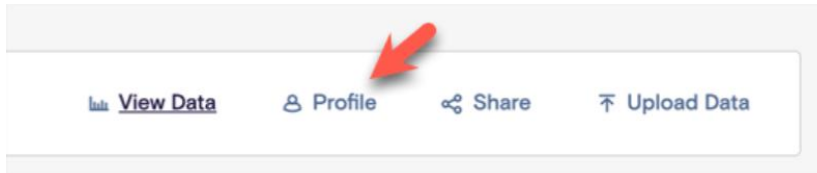
1. Connect your Tandem pump to your computer's USB port using a micro-USB cable that supports data transfer. Some micro-USB cables are for charging only. If you see the error message "Device not connected," please try a different micro-USB cable.
2. Make sure the correct time zone is selected and that it matches both your Tandem pump and your current location. Your pump's time must be within 15 minutes of the current time, otherwise you will receive an error message.
3. Click the **Upload** button to start uploading your Tandem pump data.



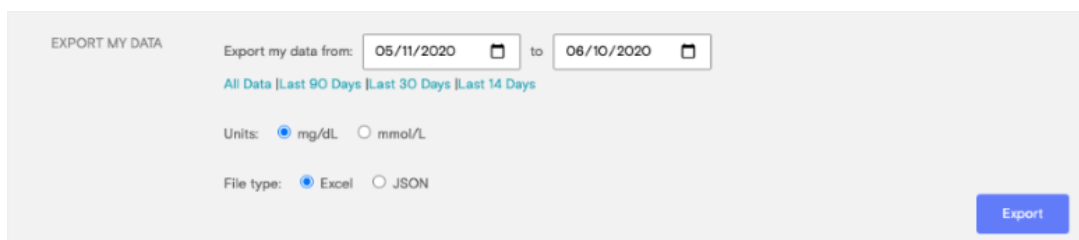
3. Your upload is complete when the progress bar reaches **100%** and **Done!** is displayed.

Export your Tidepool Data

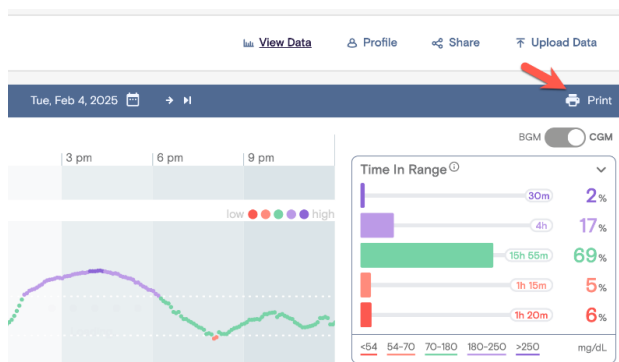
1. Log in to your Tidepool account at app.tidepool.org.
2. Click **Profile** in the navigation bar.



3. Scroll down until you see **EXPORT MY DATA**.



4. Select the time range covering your last menstrual cycle.
5. Keep the units set to the default **mg/dL**.
6. Select **Excel** as the file type.
7. Click the **Export** button.
8. A file named **TidepoolExport.xlsx** will be downloaded to your computer.
9. Then click on **“View Data”** and then on **“Print”** in the upper right corner of the navigation bar at the top of the Tidepool web view to download the PDF file.



10. Select the reports (AGP Report (CGM), AGP Report (BGM), Basics, Daily, BG Log, Device Settings) and duration of your last menstrual period for each section of the report.

Print Report

AGP Report (CGM)

Number of days (most recent)
7 days 14 days 30 days

Or select a custom date range (90 days max)
Oct 17, 2025 → Nov 14, 2025 X

AGP Report (BGM)

Number of days (most recent)
14 days 30 days

Or select a custom date range (90 days max)
Oct 19, 2025 → Nov 17, 2025 X

Basics Chart

Number of days (most recent)
14 days 21 days 30 days 90 days

Or select a custom date range (90 days max)
Nov 4, 2025 → Nov 17, 2025 X

Daily Charts

Number of days (most recent)
14 days 21 days 30 days 90 days

Or select a custom date range (90 days max)
Nov 4, 2025 → Nov 17, 2025 X

BG Log Chart

Number of days (most recent)
14 days 21 days 30 days 90 days

Or select a custom date range (90 days max)
Oct 19, 2025 → Nov 17, 2025 X

Device Settings

11. Then click **“Print”** to generate the PDF. Select “save as PDF” in the printer options.
12. Upload both files (xlxs, pdf) via the secure link we have provided to you.