

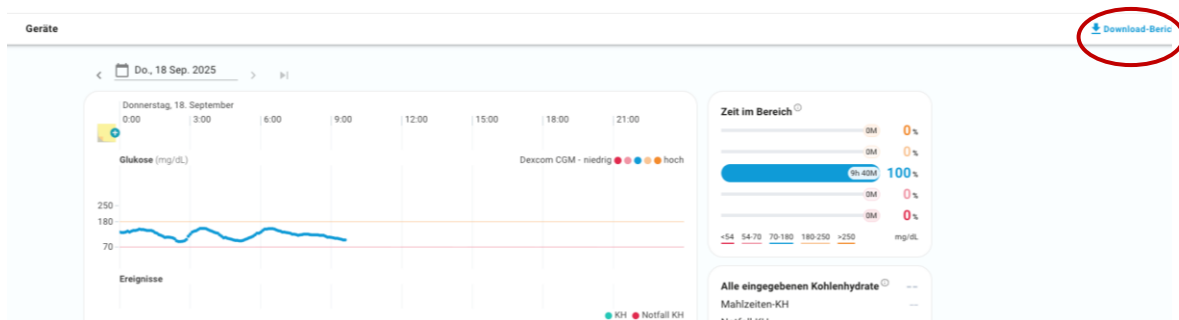
How to Upload your Kaleido/Diabeloop DBLG1 Data:

Kaleido.

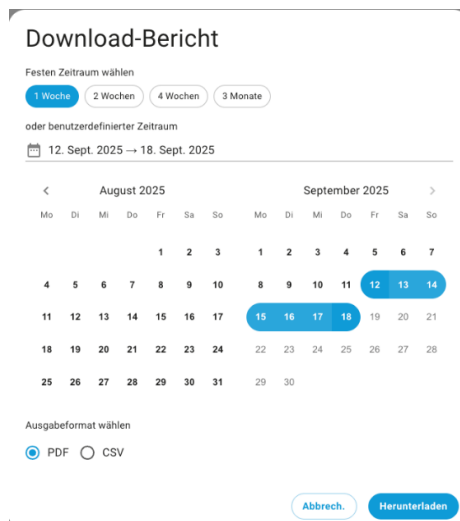


For the data export:

1. Open the page „[Sign in| YourLoops](#)“ and log in with your personal credentials.
2. Click on the „Download reports“ button in the top right of the menu bar



3. Select the period corresponding to your last menstrual cycle and export the files in CSV format,
4. Start the export and save the downloaded **.zip file** on your computer
5. Unzip the .zip file and upload the contained files using the designated secure link.



The 'Download-Bericht' form allows users to select a time period and output format. Under 'Festen Zeitraum wählen', there are buttons for '1 Woche', '2 Wochen', '4 Wochen', and '3 Monate'. Below this, it says 'oder benutzerdefinierter Zeitraum' with a date range of '12. Sept. 2025 → 18. Sept. 2025'. A calendar view shows the months of August and September 2025, with specific dates highlighted. At the bottom, under 'Ausgabeformat wählen', there are radio buttons for 'PDF' (selected) and 'CSV'. There are also 'Abbrechen' and 'Herunterladen' buttons at the bottom right.