

## How to upload your CamAPS FX Data

To ensure that we can fully analyze your data, we kindly ask you to:

1. Generate a report (PDF) from the mylife CamAPS FX app, and
2. Additionally, to download the data as CSV files.

Before exporting, please check the time settings in both the app and on your device to ensure they match, and adjust them if necessary.

You can download the data as follows:

1. Open the mylife CamAPS FX app.  
**Note:** CSV files can only be downloaded via the mylife Cloud on the computer, not through the mobile app.
2. Log in with your account credentials.
3. In the app, go to **“Account”** → **“Consent”** and make sure you have agreed to share data with the CamAPS FX Cloud. If not, please enable this option—it is required to download your data.
4. Open the main menu.
5. Go to **“Statistics”** or **“Reports.”**
6. Tap **“Create PDF Report”** and save the file to your computer.
7. Repeat steps 4, then tap **“Export CSV Files”** And save the CSV files to your computer.
8. Upload the files (PDF and CSV) via the secure link we provided.

**Note:** Since each export contains data for a maximum of 14 days, please perform the export every two weeks to obtain the complete dataset.