

PMS

Record ID

During your last premenstrual period, how much of the time did you feel frustrated because of your premenstrual symptoms?

- ☐ None of the time
 - ☐ A little of the time
 - ☐ Some of the time
 - ☐ Most of the time
 - ☐ All of the time
-

During your last premenstrual period, how much of the time did you have mood swings (e.g., suddenly felt sad or angry) because of your premenstrual symptoms?

- ☐ None of the time
 - ☐ A little of the time
 - ☐ Some of the time
 - ☐ Most of the time
 - ☐ All of the time
-

During your last premenstrual period, how much of the time did your premenstrual symptoms limit your ability to concentrate on work or daily activities?

- ☐ None of the time
 - ☐ A little of the time
 - ☐ Some of the time
 - ☐ Most of the time
 - ☐ All of the time
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During your last premenstrual period, how often did you get tense (e.g., anxiety, muscular tightness) because of your premenstrual symptoms?

- ☐ Never
 - ☐ Rarely
 - ☐ Sometimes
 - ☐ Often
 - ☐ Very often
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During your last premenstrual period, how much of the time did your premenstrual symptoms leave you too tired to do work or daily activities?

- ☐ None of the time
 - ☐ A little of the time
 - ☐ Some of the time
 - ☐ Most of the time
 - ☐ All of the time
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During your last premenstrual period, how often did your premenstrual symptoms keep you from socializing?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ Often
- ☐ Very often

How does this relate to what you normally experience in terms of premenstrual symptoms?

- ☐ The symptoms were more or less the same as always
- ☐ The symptoms were worse than usual
- ☐ The symptoms were less strong than usual
- ☐ I do not know