

MRS

Record ID

Hot flashes, sweating (episodes of sweating)

- ☐ None
☐ Mild
☐ Moderate
☐ Severe
☐ Extremely severe

Heart discomfort (unusual awareness of heart beat, heart skipping, heart racing, tightness)

- ☐ None
☐ Mild
☐ Moderate
☐ Severe
☐ Extremely severe

Sleep problems (difficulty in falling asleep, difficulty in sleeping through the night, waking up early)

- ☐ None
☐ Mild
☐ Moderate
☐ Severe
☐ Extremely severe

Depressive mood (feeling down, sad, on the verge of tears, lack of drive, mood swings)

- ☐ None
☐ Mild
☐ Moderate
☐ Severe
☐ Extremely severe

Irritability (feeling nervous, inner tension, feeling aggressive)

- ☐ None
☐ Mild
☐ Moderate
☐ Severe
☐ Extremely severe

Anxiety (inner restlessness, feeling panicky)

- ☐ None
☐ Mild
☐ Moderate
☐ Severe
☐ Extremely severe

Physical and mental exhaustion (general decrease in performance, impaired memory, decrease in concentration, forgetfulness)

- ☐ None
- ☐ Mild
- ☐ Moderate
- ☐ Severe
- ☐ Extremely severe

Sexual problems (change in sexual desire, in sexual activity and satisfaction)

- ☐ None
- ☐ Mild
- ☐ Moderate
- ☐ Severe
- ☐ Extremely severe

Bladder problems (difficulty in urinating, increased need to urinate, bladder incontinence)

- ☐ None
- ☐ Mild
- ☐ Moderate
- ☐ Severe
- ☐ Extremely severe

Dryness of vagina (sensation of dryness or burning in the vagina, difficulty with sexual intercourse)

- ☐ None
- ☐ Mild
- ☐ Moderate
- ☐ Severe
- ☐ Extremely severe

Joint and muscular discomfort (pain in the joints, rheumatoid complaints)

- ☐ None
- ☐ Mild
- ☐ Moderate
- ☐ Severe
- ☐ Extremely severe